

SAANICH TRAILS & TREKS

Saanich Parks and Recreation

FREE Walking Programs

**WINTER
2023**

Gentle Walk and Talk

Enjoy fresh air, beautiful scenery, friendly chat and gentle exercise as we take different walks through Saanich parks and trails. Walks follow mainly chip or gravel trails but may have some steep sections. No registration required. Sorry, dogs not permitted.

Tuesdays & Thursdays 9:30 to 11am

Leaders: Tue – Dianne, Thur – John

Jan 3 - Rosedale Park to Marigold Park

Meet at Rosedale Park on Santa Anita Ave. by tennis courts

Jan 5 - Swan Lake, Reynolds, Playfair Parks

Meet at end of Nelthrope, off McKenzie

Jan 10 - Reynolds Park to Bow Park

Meet at Reynolds Park parking lot; Prestwood Dr. off Union Rd.

Jan 12 - Gorge Waterway

Meet at Gorge Water Waterway Park near Victoria Canoe Club off Tillicum Rd.

Jan 17 - Copley Park /Royal Oak area

Meet at Copley Park parking lot; 598 Parkridge St. off Vanalman Ave.

Jan 19 - Rithet's Bog to Brydon Park

Meet at kiosk on Dalewood, off Chatteron Way

Jan 24 - Lambrick Park to Haro Woods

Meet at Gordon Head Rec Centre entrance, 4100 Lambrick Way, off Feltham

Jan 26 - Blenkinsop Valley

Meet at Lochside Elementary School, corner of Royal Oak & Lochside Dr. on Trail

Jan 31 - Cadboro-Gyro Park – 10 Mile Point Area

Meet at Cadboro Gyro Park end of Sinclair Rd. Beside washrooms

Feb 2 - Interurban Rail Trail

Meet at Whitehead Park, at Prospect Lake Rd. & Goward Rd. parking lot

Feb 7 - Braefoot Park to Blenkinsop Lake

Meet at Braefoot Park parking lot; 1359 McKenzie Ave.

Feb 9 - Tod Inlet

Meet at Tod Inlet access, on Wallace Dr., 1 km south of Benvenuto Ave.

Feb 14 - Vantreight Park to Tyndall Park

Meet at Vantreight Park, on Vantreight Rd, off Ferndale Ave.

Feb 16 - Colquitz to Hyacinth Park

Meet at Colquitz Creek Park sign near Silver City Theatre at Tillicum Mall

Feb 21 - Hampton Park to Gorge Park

Meet Hampton Park parking lot; 225 Hampton Rd., off Burnside Rd. W., beside Les Passmore Centre

Feb 23 - Lambrick Park to Sierra Park

Meet at Gordon Head Recreation Centre, 4100 Lambrick Way

Feb 28 - Claremont-Goddard Park to Seaview Park

Meet at Claremont-Goddard Park 764 Haliburton Rd.

Mar 2 - Mt. Doug to Glendenning

(Some hills) Meet at in parking lot by washrooms off Cordova Bay Rd. at Ash Rd.

Mar 7 - Gordon Head Parks – North

Meet at Gordon Head Recreation Centre entrance, 4100 Lambrick Way, off Feltham

Mar 9 - Cadboro Bay to Mystic

(Some hills) Meet at Cadboro Gyro Park end of Sinclair Rd. by washrooms

Mar 14 - Hampton Park to Swan Creek Trails

Meet Hampton Park parking lot; 225 Hampton Rd., off Burnside Rd. W., beside Les Passmore Centre

Mar 16 - Hyacinth Park and Colquitz Trail

Meet at parking lot off Marigold Rd. by tennis courts

Mar 21 - Braefoot Park to Mount Douglas Park

Meet at Braefoot Park parking lot, 1359 McKenzie Ave.

Mar 23 - Cedar Hill to Peacock Hill

(Steep hill) Meet at Cedar Hill Recreation Centre

Mar 28 - Cedar Hill Park to Rutledge Park

Meet Cedar Hill Recreation Centre parking lot; main door

Mar 30 - Lochside Trail to Beckwith Park

Meet on Lochside Trail in parking lot by Don Mann Excavating, off McKenzie at Borden



Saanich

Call 250-475-5422 for details



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SAANICH TRAILS & TREKS

Please meet in designated area

Easy Walks

One-hour, easy-paced social walks on pavement and groomed trails through parks and interesting neighbourhoods. Where possible routes avoid steep hills. Most walks start near bus stops. Please wear supportive shoes.

Mondays, 1:30-2:30pm

Leader: Penny

Jan 9 - Blenkinsop Valley

Meet on Lochside Trail beside Lochside Elementary School. Street parking along Lochside Dr. north of Royal Oak Dr.

Jan 16 - Viaduct Flats/Pacific Institute of Sport Excellence

Meet/park in Viaduct Flats gravel parking lot on Interurban Rd., opposite intersection with Viaduct Ave. West.

Jan 23 - Braefoot Rural Route

Meet in Braefoot Centre Park parking lot, on Mackenzie Ave., by lacrosse box.

Jan 30 - UVic/Henderson

Meet in Henderson Recreation Centre parking lot, on Henderson Rd., beside covered bike parking shelter.

Feb 6 - Broadmead/Royal Oak

Meet/park on Emily Carr Dr., by cross-walk to Emily Carr Park.

Feb 13 - Swan Lake and Area

Meet/park at end of Nelthorpe St., off Mackenzie Ave.

Feb 20 - Family Day

Feb 27 - McMinn Park and Sunnymead

Meet/park by entrance to McMinn Park, on Maplegrove St., off Sunnymead Way and Cordova Bay Rd.

Mar 6 - Hyacinth/Glanford/Panama Flats

Meet in Hyacinth Park parking lot, Marigold Rd.

Mar 13 - Lambrick/Fairburn

Meet near main entrance of Gordon Head Recreation Centre, off Feltham Rd.

Mar 20 - Cadboro Bay/Queenswood

Meet/park by washroom block, Cadboro/Gyro Park, Cadboro Bay.

Mar 27 - Layritz/Glendale Loop

Meet in Layritz Park parking lot, Layritz Ave., off Glyn and Wilkinson Roads.

Sunday Hikes

Discover the beauty and variety of Saanich parks on our 2-hour Sunday Hikes, which are open to walkers of all ages. Please wear sturdy footwear as routes may include steep, rough trails. Bring drinking water.

Sundays, 1:30-3:30pm

Leader: Penny

Jan 22 - Gordon Head East

Meet at Sierra Park, by cross walk on San Juan Ave.

Feb 26 - Gorge Waterway Full Loop

Meet at main parking lot for Gorge Park, Gorge Road West, opposite Orillia St. (Not the parking lot near the playground).

Mar 26 - Beckwith Park /Christmas Hill/Swan Lake

Meet at Beckwith Park 857 Beckwith Ave. No dogs please.

For program details call 250-475-5422